



Kamalaya, Koh Samui, Thailand - Detox Retreat

Have you usually been trying to find paradise? Well, it exists. Kamalaya in Koh Samui, Thailand is nothing in short supply of perfection. Kamalaya is no ordinary luxury retreat, nor can it be your average well-being destination. It is just a creation so unique, there are no comparable counterparts. It's not surprising that Kamalaya has recently won 2 awards for "Best Welcome Retreat" and "Best Destination Spa" in Asia.

Kamalaya is just a wellness sanctuary and holistic spa located in a tropical landscape on the coastline of southern Koh Samui. Built around a sacred Monk's Cave that will be perceived as "the center of Kamalaya," this retreat includes a special energy that literally sucks you in. As you guest describes it, "Kamalaya is really a life-changing experience. You can't explain it. You've to live it." Kamalaya differs from other wellness retreats for many key reasons. Firstly, its location is exclusive with varying views of nature including the beach, palm trees, streams and surrounding jungle. There's a genuine respect for the nature by which it resides. [Koh Samui Detox](http://justpaste.it/KohSamuiDetox)

Individuals are special - not only the guests who invariably discover how to reconnect with themselves - but in addition the staff. Kamalayan staff are meticulously courteous and helpful and address every guest by name. They are instructed to be themselves and not read from the script and the genuine warmth and personal service is most refreshing for such a premium resort. The all-encompassing method of wellness is astounding. There's a synergy of programs built to cater for several needs including "Detox" to "Balance and Revitalise" to "Asian Bliss." Guests are invited to rediscover with their core essence with a vast variety of holistic and traditional treatments and therapies.

You are able to enjoy daily yoga, Pilates and fitness classes incorporated with nurturing treatments made to soothe your system and release your emotions. The list of therapies available is exhaustive and transcends ayurvedic, Traditional Chinese, Indian and Thai healing traditions.

Kamalaya boasts state of the art health and fitness equipment including a Far-Infrared sauna which burns 600 calories in a 30 minute sitting. You'll find so many swimming pools, plunge pools and a breath-takingly serene Steam Cavern. Kamalaya cuisine is an integrated part of the holistic wellness concept. On the basis of the latest nutritional research, the menu has been designed to nourish and detoxify your body, yet manages to stay diverse and deliciously sublime.

The cuisine maintains high principles with an increased exposure of high quality, fresh ingredients served close for their natural state. You can find individual Kamalaya touches apparent throughout your stay that will make you feel like you are being looked after far more lovingly than anywhere you've been before. You may have your personal personal yoga mat in

your bedroom and are even encouraged to relax by painting a blank canvas. All guests are welcomed with their brilliant white spacious bedrooms with soothing meditation music.

They're individual sanctuaries; the villas have outdoor living space with daybeds and outdoor private bathrooms. Treat yourself to an exclusive pool villa overlooking the ocean with your own secluded bathing pool and you'll experience true paradise.

Kamalaya is the brand new Eden - you won't find another place quite like it. Marvel in its majesty, experience your rejuvenation and leave counting down the occasions until your following visit.

Detoxity is specialized in improving how you are feeling on the inside and also how you appear on the exterior really natural way.